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NEWS  
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SHARING.

## Halifax braves first major storm of winter

Some areas of the HRM saw up to 15 centimetres of snow Sunday before precipitation switched to rain **PAGE 2**

## Bedford family seeks missing therapy dog

Black flat-coated retriever named Java belongs to woman who has advanced multiple sclerosis **PAGE 3**

## Canada vs. Russia in gold medal game

Host nation rolls past Slovakia 5-1 in world junior semifinal, en route to facing rivals in the final **PAGE 17**

## ONLINE FAME GIVING FELINES EXTRA LIFE

EXPERTS SAY EXPANDING CELEBRITY OF CATS, FROM THE GRUMPY TO THE PIANO-PLAYING, IS HELPING MORE UNWANTED KITTIES FIND HOMES **PAGE 12**



## HERD HIT ROUGH PATCH

Halifax Mooseheads centre Philippe Gadoury, left, and Acadie-Bathurst Titan Mark Simpson battle for the puck during regular season QMJHL action at the Scotiabank Centre on Sunday. The Mooseheads lost 3-1 to finish the weekend 0-2. See story, page 16. JEFF HARPER/METRO

# Restorative justice not enough: Prof

**Dalhousie dentistry scandal.** Four professors go public after filing formal complaint with school

A Dalhousie University faculty member who has filed a complaint with three other professors over male students who allegedly posted sexually hateful messages online about women says she was acting on behalf of other students who feel more needs to be done.

Francoise Baylis of the university's medical school said Sunday that the professors filed a formal complaint under the students' code of conduct to Anne Forrestall, the school's acting vice-provost of student affairs, on Dec. 21, and hand-delivered a print copy the following day.

She says the complaint asks that the dentistry students involved in the Facebook group where misogynistic comments

### Preliminary assessment

In an email, Dalhousie spokesman Brian Leadbetter says a preliminary assessment of the formal complaint will be completed in early January and an update on that process will be provided this week.

were allegedly posted be suspended on an interim basis prior to the return of classes on Monday.

Baylis said suspending the students involved would allow other students to "return to the classroom in a context where they would hopefully be able to have confidence that it is a safe environment and an environment that would be conducive to their continued learning."

She said the professors have heard from students who are not satisfied with the current informal restorative justice process. "We are deeply committed to creating a situation whereby no individual student would

have to put themselves at risk if they wanted to bring forward a complaint," she said Sunday.

"As people at the university with a faculty appointment, it seemed like a reasonable thing for us to do, to make sure no student would themselves have to feel obliged to make that complaint ... and no student thereafter would bear any negative consequences for having attempted to bring forward a formal complaint."

The three other professors who signed the complaint are Jocelyn Downie of Law and Medicine, Brian Noble of the faculty of Arts and Sciences and Jacqueline Warwick of the faculty of Arts and Sciences, Gender and Women's studies.

Baylis said the effects of the hateful messages extend beyond those directly involved in the dentistry program.

"The process that's on offer right now, as we see it, doesn't actually address or respond to all of their legitimate needs or concerns in this process," said Baylis. **THE CANADIAN PRESS**



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## In a parking lot

## Woman hit by snow-plow truck

A woman escaped serious injury after she was hit by a truck plowing snow in a Halifax parking lot on Sunday.

Halifax Regional Police say the accident happened at 10:30 a.m. in the 6900 block of Mumford Road.

The victim, a 63-year-old woman, was walking through the parking lot when she was hit by the truck.

Police say she suffered minor injuries and was taken to hospital by paramedics as a precaution.

No charges are being laid against the driver. **METRO**

## Investigation

## Woman pushing kids in a stroller pepper-sprayed in Spryfield: Police

Police are investigating after a young woman was pepper-sprayed in the face while pushing a stroller with two young children inside it.

The incident happened around 4:30 p.m. Saturday at the intersection of Denith and Herring Cove roads in Spryfield.

Police say the 19-year-old woman was pushing the stroller with a man when she was blasted in the face with pepper spray by the suspect.

The man and children weren't injured, while the woman was treated at the scene by paramedics.

Police say there is no suspect description and no more details have been provided by the victim.

**METRO**



A car is shoveled out on Brunswick Street after a storm on Sunday brought snow, freezing rain and rain to the region. JEFF HARPER/METRO

# Snow, rain makes for slushy Sunday

## Winter weather.

Parts of Halifax saw up to 15 centimetres before changeover



HALEY RYAN

haley.ryan@metronews.ca

A few Haligonians ventured out onto the slippery streets and sidewalks Sunday afternoon as rain fell on the snow-covered roadways in the first major storm of the winter.

Environment Canada predicted about 10 centimetres of snow would fall Sunday morning before switching to rain, and that was the case for most of the region.

## Quoted

"If there's any water left around it's possible we could get a little bit of ice."

Jason Sheppard of Environment Canada

On Sunday afternoon, meteorologist Jason Sheppard said the Halifax region saw 10 to 12 centimetres of snow, with some areas reporting 15 centimetres.

Around noon, the snow switched to ice pellets for an hour then morphed into 10 millimetres of rain for the afternoon, Sheppard said. About 20 millimetres of rain was expected to continue overnight, he said.

"The storm actually behaved very, very well," Shep-

pard said, adding meteorologists had been concerned early Sunday morning that cold temperatures would continue and bring snow throughout the day, but they warmed up enough to bring rain.

The storm was caused by a low system tracking south of the Great Lakes and ending up in Quebec, Sheppard said. A warm front from the low swept across the Maritimes, bringing lots of precipitation.

The parking ban was en-

forced in the early hours of Monday for the first time in 2015.

Sheppard said temperatures were expected to rise to about 10 or 12 C overnight Sunday, and people could expect a mild journey to work Monday morning "like late fall or early spring."

"By the afternoon, temperatures are going to pull back down below the freezing mark," he said. "It's a fairly substantial swing for this time of year."

A few days ago, Environment Canada had predicted periods of snow for Wednesday, but on Sunday Sheppard said the low system was tracking south of the province and Halifax might just see a few flurries.



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TOP  
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Weeknights at 6 Kat counts down  
the HOTTEST songs of the day

- 6 Jessie J ft 2 Chains  
Burnin' Up
- 5 Hozier  
Take Me To Church
- 4 Meghan Trainor  
Lips Are Movin'
- 3 Taylor Swift  
Blank Space
- 2 Sam Smith  
I'm Not The Only One
- 1 Nick Jonas  
Jealous

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## Crime. Man tight-lipped after suspected stabbing

Police say a man who was reportedly stabbed while shopping at a Walmart in Halifax isn't co-operating with investigators.

Around 8 p.m. on Friday, a 26-year-old man was shopping at the Walmart at 6990 Mumford Rd. across from the Halifax Shopping Centre when he felt what police describe as a blow from behind,

as if someone had punched him in the back.

The man's neck started bleeding, and it's believed he was stabbed.

The victim was treated for a minor cut.

Police say he couldn't provide details about a possible suspect and he isn't co-operating with the investigation.

METRO



A 26-year-old man was stabbed at a local Walmart Friday, say police.

THE ASSOCIATED PRESS

### Dartmouth

## Charges laid in gas-station theft

Police have charged a 24-year-old man after someone robbed a Dartmouth gas station at knifepoint over the weekend.

The incident happened just after 7:30 a.m. Saturday at the Esso on Wyse Road.

Police say a man walked into the store, produced a knife and demanded cash from a clerk. He then fled on foot with an unknown amount of money.

Officers located the suspect near the scene.

He is now facing charges of robbery and resisting arrest, along with a weapons offence. METRO

### Dartmouth

## Man flees after failed robbery at coffee shop: Police

Police are investigating after a man tried to rob a Dartmouth coffee shop on Friday.

Halifax Regional Police say officers were called to Robin's Donuts at 384 Portland St. around 7:30 p.m., after a man walked into the location and demanded cash from a woman working behind the counter.

Police say the man produced a knife and motioned toward her as if to stab her. He fled the store empty-handed, however, and the employee wasn't injured.

METRO

# Family searches for missing therapy dog

## Gone since Jan. 1.

Retriever is 'best friend' of woman with multiple sclerosis, says son



HALEY RYAN

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A Bedford man is hoping his family's dog will be found before his mother returns from the hospital, as he's afraid the loss of her companion will "crush her."

Keith Brault said three-year-old Java (a black flat-coated retriever) has been missing since the early hours of New Year's Day, when she was last seen going in and out of the Monarch Drive house where about 10 people were celebrating.

Brault said Java is very close to his mother, who has advanced multiple sclerosis and uses a wheelchair. She has been in the hospital for a week due to health complications.

"They spend a lot of time together. It's kind of like her best friend," Brault said about the dog they've had for nearly four years, since she was a puppy.

"That's going to crush her to know she's missing."

He said his mom has been feeling better recently and could return home any day, but doesn't yet know about Java's disappearance.

Java is very well-trained and has never run away or stepped out of the yard, Brault said, so a disappearance is "unlike her."



A photo of Java, who went missing on New Year's Day. FACEBOOK

### Got a tip?

Java serves as a form of therapy for Brault's mother, and the family is asking anyone with tips about the dog to call 902-414-7010.

"It's really bizarre," Brault said Sunday. "The kids love her, too — she's a really big part of our family."

He said his own family has been posting the Basinview area, called the SPCA and other shelters, gone door-to-door looking for any tips, and searched the nearby trails, but nothing has turned up.

"People have been helping. It's great, it's just ... we're worried sick," Brault said.

"I just know we've got to get her back before (mom)

gets home because if she gets home without the dog, oh my God."

Brault said though he can't imagine why anyone would steal a dog on New Year's, there was a black truck reported on the street around the time Java went missing. He's asking anyone who might have picked her up not knowing she had a family to "change their heart" and come forward.



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# 'I cannot live with her,' says mother of out-of-control teen

**'Something bad is going to happen.'**

Sydney woman is at the end of her rope over 15-year-old's destructive behaviour

Michelle is ready to throw in the towel.

She says she's tried everything to control her 15-year-old daughter, who abuses drugs and alcohol and refuses to accept help.

Parenting classes, anger management classes, a therapist, an adolescent psychiatrist, school counsellors and social workers — nothing has helped turn the tide of her daughter's destructive behaviour, says Michelle, whose last name isn't being published in order to protect her children's privacy.

Michelle has bipolar disorder. She takes medication to control it. Her daughter, whose name is also being withheld, was recently diagnosed with a learning disability, and she's had to deal with teasing and bullying in school as a result.

"I can see everything in her that I saw in myself, and I wasn't diagnosed (with bipolar disorder) until I was in my 20s," says Michelle, 37.

Her daughter was diagnosed with depression and an anxiety disorder, but she refuses to take any medication despite the benefits explained to her by an psychiatrist.



Michelle, a Sydney mother of two, is losing hope in a community services system in Nova Scotia she says is failing her troubled 15-year-old daughter. CAPE BRETON POST

## Quoted

**"She's threatened suicide. She has cuts up and down her arms."** 37-year-old Sydney woman Michelle, talking about her 15-year-old daughter

"She refused it because, she said, she will never end up like her mother — meaning (my) having to take meds for my bipolar."

Michelle says she believes many of the problems began

when they moved to Whitney Pier three years ago, and her daughter started hanging around a "rough crowd."

Michelle also has a 12-year-old son who has struggled with being bullied.

at home. But, according to social workers, that doesn't include taking her teenage daughter out of the home, Michelle says.

"I told them something bad is going to happen. And it did. My kids pulled knives on each other."

The situation is complicated by the fact Michelle is a single mother who relies solely on income from her job as a bartender and her monthly Canada child-tax benefit to make ends meet.

Working a variety of different shifts, mostly in the evenings, means Michelle doesn't witness some of what goes on in her house, and that included the knife incident.

Michelle says while she loves her daughter, there's no trust left in their relationship. The teen doesn't have a key to the house, although her younger brother does.

"I love my daughter. I do. I tried to get her all the help that I can but I cannot live with her. Something is going to happen. I'm going to end up with a nervous breakdown and end up in the hospital. It's not a good situation."

She believes the best place for her daughter right now is in a youth group home.

The Department of Community Services will intervene by taking a child out of a home only if it's believed the child is being abused or neglected.

Under the Children and Family Services Act, a judge can issue a protective-intervention order if it's believed the parent or guardian is

## Teen mental health

**Services offered are voluntary**

Dr. Julia MacDonald, a psychologist, is manager of child and adolescent mental health and addiction services at the Cape Breton District Health Authority.

MacDonald, while not speaking specifically about Michelle's situation, says all services offered by the health authority are on a voluntary basis.

In severe cases, adolescent patients can be admitted to the hospital.

"We have an in-patient mental health unit and sometimes adolescents certainly do get admitted there and if necessary go to the IWK," MacDonald says.

The health authority's intensive community based treatment team is geared toward children and adolescents who have severe disruptive behaviour disorders or severe or persistent mental illness.

CAPE BRETON POST

"causing, or is likely to cause, the child to be a child in need of protective services."

Right now her daughter is more likely to harm herself, says Michelle.

CAPE BRETON POST

## Annapolis. Sleigh crash sends five to hospital

RCMP in western Nova Scotia say a 58-year-old woman remained in hospital on Friday in serious but stable condition following a collision between a horse-drawn sleigh and a car.

Police say the accident occurred Wednesday near the intersection of Bayard Road and Highway 1 in Annapolis County.

Police say the wheeled sleigh with a driver and 19 passengers on board was crossing the highway when it was struck from behind by

## Police investigating

An RCMP traffic analyst is assisting police, who say the cause of the crash remains under investigation.

a car driven by a 25-year-old woman.

Five people who were on the sleigh were sent to hospital, while the sleigh driver and the car driver were not hurt.

THE CANADIAN PRESS



The accident scene on New Year's Eve. ANNAPOLIS SPECTATOR

## Lower Sackville. Three teens face charges in home robbery, assault incident

RCMP say they have made three arrests in connection with a robbery and assault last week at a Lower Sackville home.

Police say a 17-year-old boy was assaulted with a golf club and a knife and robbed of several electronic items during a Dec. 29 incident at a home on Lennox Drive. The Mounties allege the assault was carried out by six people, five of whom were wearing bandanas.

The victim was taken to

hospital for treatment of non-life-threatening injuries.

Police say a 17-year-old Halifax boy faces several charges including breaking and entering, robbery and assault with a weapon.

Another 17-year-old boy also faces multiple charges including breaking and entering and assault, while a 14-year-old girl faces a number of charges including robbery, assault and wearing a disguise with intent.

THE CANADIAN PRESS





## Leaping into 2015

Ernie Ross, 80, welcomes the new year as he leaps from the government wharf into the frigid North Atlantic in the annual New Year's Day polar bear swim in Herring Cove on Jan. 1. **ANDREW VAUGHAN/THE CANADIAN PRESS**

# So far, so good for lobster season

**Catches, prices up.**  
'Amazing' weather has helped

So far this season, lobster buyer Michael Cotter hasn't heard many complaints, and that's unusual.

"I don't think one fisherman who sells to us has complained about the price or catches," he said.

By all accounts it has been a good year for Lobster Fishing Area 33, which covers a vast area from Halifax to Baccaro, Shelburne Co.

Catches are up, the price has climbed past the industry standard of \$5 a pound and despite some windy weather, boats are getting out on the

### Quoted

**"Hopefully the season will continue strong."**

Michael Cotter, lobster buyer

water enough to pull in higher yields of lobster than last year.

Those good catches and higher prices have translated into an influx of cash coming into economically depressed communities along the South Shore.

Cotter said he recently spoke with a Shelburne bank manager who told him that for the first time in years he was getting calls from fishermen asking what to do with the extra money they were getting this season.

And dealers have been busy, too. A lower Canadian dollar has helped, as has the jump in interest from the Chinese market.

Cotter said sales have also been strong to processors and to markets in Ontario and other Canadian provinces.

"We've moved a lot of product," he said.

As the weather was turning colder, Cotter expected catches to dwindle, but he noted that water temperatures were still much higher than normal for this time of year.

"The weather has just been amazing," he said.

Cotter noted that reports about the season so far in the neighbouring district LFA 34 have been more spotty.

**THE CANADIAN PRESS**

## Fire station extensively damaged in Jan. 1 blaze

Dozens of Halifax-area fire crews were called in to battle a blaze at one of their own fire stations on New Year's Day.

Halifax Fire division commander Lloyd Currie says the fire at the three-bay volunteer fire station on Old Sambro Road broke out around 9:45 a.m.

Currie says black smoke

could be seen billowing out of the garage doors as roughly 12 fire crews fought the flames.

He says firefighters were able to remove a fire engine, a tanker truck and a rescue pickup truck from the building before they were damaged.

Currie says the fire started in the back corner of the

### New Year's Day fire

**No one was injured and the cause is under investigation.**

building and the station was extensively damaged, but not destroyed. **THE CANADIAN PRESS**

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# Bill Cosby's Ontario shows set to go ahead despite controversy

**Sex abuse allegations.** Comedian is scheduled to perform in Kitchener, London and Hamilton on Jan. 7, 8 and 9

Maureen Dragasevich still has fond memories of gathering with her family to listen to Bill Cosby's jokes as a kid. When she heard the comedian would be performing in Ontario, she and her siblings bought tickets to a show as a birthday present for their father, all in an attempt to relive what was once a family tradition.

But after a flood of sexual abuse allegations against Cosby in recent weeks, Dragasevich and her family have decided not to attend the performance, joining a growing number who are speaking out against his three scheduled appearances in Canada.

"Given the fact that he's played Mr. Jell-O Pudding and Dr. Huxtable, I think we kind of find it harder to believe," said the 59-year-old Aurora, Ont., resident. "But we hold him accountable for his behaviour and his behaviour is disgusting."

Cosby, who is in the midst of a standup concert tour, has had to deal with the cancellation or postponement of at least 10 of his shows as the scandal continues to swirl, but his appear-

ances in three Ontario cities seem set to go ahead, despite local opposition.

Cosby is set to perform in Kitchener on Jan. 7, London on Jan. 8 and Hamilton on Jan. 9.

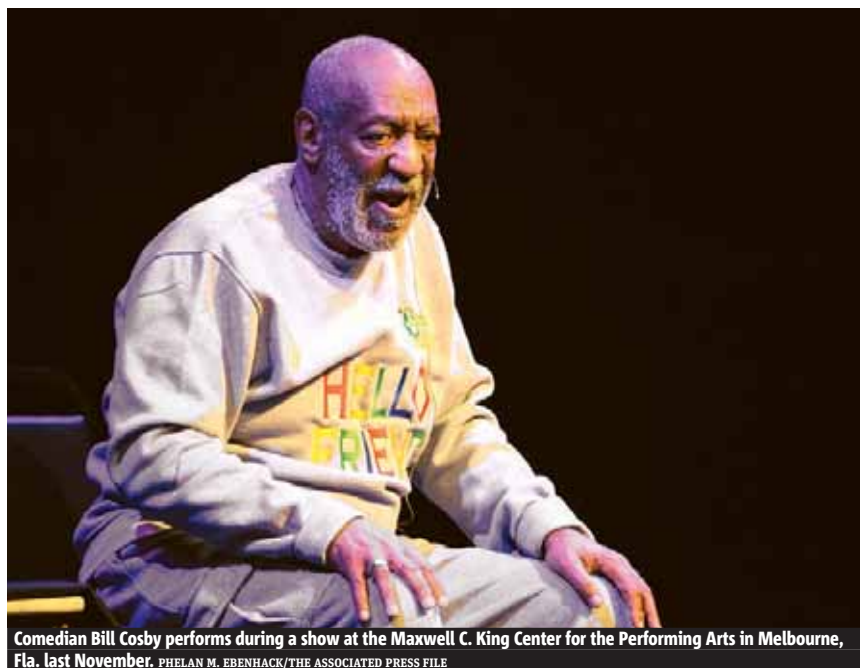
He has had little to say publicly about his scandal, although he did tell a Florida newspaper last month that "a guy doesn't have to answer to innuendos." His wife has also stepped forward, calling Cosby kind, generous and a wonderful husband and father.

The Ontario venues hosting Cosby have said his shows are being handled entirely by an external agency, which has indicated the events are still going ahead. The Chicago-based Innovation Arts and Entertainment said Cosby's representatives had informed them the comedian "has every intent to perform these events."

"While we understand and empathize this is a difficult time, we hope it is understood that both the venues and IAE are legally obligated to proceed as it applies to our commitments," it said in a statement. "We would face crippling legal obstacles for violation."

The Ontario venues have also emphasized their contractual obligations to allow the shows to continue.

One venue — Kitchener's Centre In The Square, where the first show is set to take place — addressed residents' anger directly.



Comedian Bill Cosby performs during a show at the Maxwell C. King Center for the Performing Arts in Melbourne, Fla. last November. PHILAN M. EBENHACK/THE ASSOCIATED PRESS FILE

"While we may personally share concerns raised by the community, if The Centre forces a cancellation of this rental show it isn't simply a situation of giving back the rent," it said in a blog post, noting that it would also need to pay any "guarantee fee" to Cosby, compensate the promoter for box office losses and show expenses, and refund patrons.

After noting the venue's

stance, a handful of Kitchener residents came up with a way to demonstrate their opposition by holding an alternative event, which will run at the same time as Cosby's show, with proceeds going to two women's crisis support centres in the region.

"Too often we fail survivors of sexual assault, we shame them, we blame them, we doubt their experiences and

so it's in moments like this that we have an opportunity to stand in support of survivors in our community," said Sara Caselman, a spokeswoman for the Sexual Assault Support Centre of Waterloo Region, which will be benefiting from the event.

The event — called Voices Carry — was triggered by a local broadcaster musing on Twitter about whether an alternative fundraiser could be pulled

## Allegations of abuse

Cosby's image has been pummelled in recent weeks by a flurry of allegations that he drugged women and sexually assaulted them, with some accusations dating back to the 1970s.

- He has never been criminally charged in connection with the accusations, and his lawyer has denied many of them. Cosby also settled a lawsuit in 2005 with a Pennsylvania woman who said he drugged and fondled her.

together. Those who have purchased tickets to Cosby's show can gain free admission.

Meanwhile, in London, Ont., where Cosby is to perform a day later, a women's centre is organizing a protest against the comedian.

"We're appalled that any Canadian city would host Bill Cosby," said Megan Walker, executive director of the London Abused Women's Centre. "Allowing Bill Cosby to perform in London is completely contradictory to the support this community has continued to give to women abused by men."

Cosby's representatives did not respond to a request for comment.

THE CANADIAN PRESS

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## Skiers rescued after being stranded on broken chairlift

Dozens of skiers and snowboarders had to be rescued after being trapped on a broken chairlift at a ski resort near Ottawa on Saturday.

Bob Sudermann, co-owner of the Mont Ste. Marie resort in Lac-Sainte-Marie, Que., says the chairlift had mechanical issues

and was shut down around noon. Sudermann says all 80 riders were rescued from the lift shortly before 4 p.m. by resort staff and members of the Canadian Ski Patrol.

With cold temperatures in the forecast, management was concerned about the health

of the stranded riders and worked quickly to get them back on the ground.

It was -12 C on Mont Ste. Marie Saturday, and with the wind chill, it felt more like -21 C. The ski centre was expected to be open Sunday morning.

THE CANADIAN PRESS

## Barrie, Ont.

### Rental car seized in drug bust after collision

A central Ontario man is going to have a tough time explaining this one to the car rental agency.

Police report the 36-year-old Barrie, Ont., man was involved in a minor collision on Saturday. Barrie police say that when officers arrived, they found crack cocaine and a pipe.

The driver was charged with possession of a narcotic and impaired driving and police say the rental vehicle he

was driving was confiscated and will be held for 45 days.

And investigators say the accused man's girlfriend became upset over his arrest and allegedly opened the police cruiser door in an attempt to free her boyfriend.

The 31-year-old woman is facing a charge of obstructing police. **THE CANADIAN PRESS**

# Costs for Canada's 150 birthday rising

**\$12 million.** The figure is based solely on ad and promotion costs, and is \$5 million more than the government said it would spend

Talk about an expensive birthday party invitation: Recently-released federal spending figures show advertising promoting Canada's 150th birthday — two years from now — has cost nearly \$12 million so far.

That's \$5 million more than the government had said last fall it was spending on Canada 150 advertising, because it's now including other programs as part of the party.

An estimated \$6.5 million is being spent producing and running ads about the Charlottetown and Quebec conferences currently running on social media and mainstream media channels clearly tagged as being connected to

## Spending questions

The cost of the ads was published in an answer to an order paper question posed by the Liberals in which they asked for spending on Canada 150 advertising by department between 2010 and 2020.

- Only the Canadian Heritage Department had figures to share, and they detail spending until the 2014-2015 fiscal year; the documents say spending after that is not available.

the anniversary.

But the Conservatives are also bundling their campaign, marking the bicentennial of the War of 1812 under the Canada 150 banner, adding the \$5.2 million already spent on that to the cost of advertising upcoming national birthday celebrations.

The War of 1812 ad cam-

paign was the first of a series along the road to 2017, said Marisa Monnin, a spokeswoman for Heritage Minister Shelley Glover.

"Through these advertising campaigns, the government of Canada will encourage Canadians to learn more about their history, commemorate events, celebrate accomplishments and honour people that helped shape what Canada is today," she said in an email.

Liberal heritage critic Stephane Dion said the ad buy seems like a case of the government seeking to burnish its image. While they're running ads, they've yet to unveil any actual events to mark the milestone, he said.

Monnin says the plans are in the works, but didn't disclose details. The Conservatives have long been attacked for using government ads in a partisan manner; one sore spot was the \$2.5 million spent advertising an apprenticeship program before the program was even official. **THE CANADIAN PRESS**



## Edmonton Polar Plunge draws record numbers

An extreme cold alert with temperatures in the -20 C range didn't stop Edmonton police officers Katlyn Prins, left, and Tania Ferguson, right, from taking a Polar Plunge for the Special Olympics on Sunday in Edmonton. The annual event drew the largest number of participants in its history and raised \$15,000 for athletes.

RYAN TUMILTY/METRO IN EDMONTON

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## Underage sex claims. Buckingham Palace defends Prince Andrew

Buckingham Palace on Sunday stepped up efforts to defend Prince Andrew after the British royal was embroiled in claims of sexual impropriety with an underage woman.

In a second statement since the claims surfaced, officials "emphatically denied" allegations by an unidentified woman who said she was forced to have sex with the royal when she was under the age of 18.

The woman named 54-year-old Prince Andrew, known as the Duke of York, in papers filed with a Florida court last week. The filing was submitted as part of a lengthy lawsuit against American financier Jeffrey Epstein, who the woman claims forced her to have sex with prominent people, including Prince Andrew. The woman was only identified as "Jane



Prince Andrew THE ASSOCIATED PRESS

Doe Number 3" in the papers.

Royal officials on Friday denied "any suggestion of impropriety with underage minors" by Andrew, and strengthened that stance Sunday after two tabloid newspapers published details of interviews with the alleged victim.

The controversy has dominated British news coverage since Friday. THE ASSOCIATED PRESS

## Bad weather. Divers wait to search for wreckage

Around 100 family members of AirAsia Flight 8501 crash victims sought strength Sunday, one week after the disaster, while bad weather again prevented searchers from reaching a large object on the ocean floor that is believed to be the fuselage.

Emotionally exhausted relatives sang and cried at a tiny chapel in Surabaya, the city where the plane departed from last Sunday with 162 crew members and passengers.

The Rev. Philip Mantofa, who heads the congregation at the city's Mawar Sharon Church — where more than a quarter of the crash victims were members — urged those gathered to find comfort in their faith while embracing the

reality that no one survived the disaster.

"If God has called your child, allow me to say this: Your child is not to be pitied," Mantofa told one Indonesian man seated in the front row. "Your child is already in God's arms. One day, your family will be reunited in heaven."

It is not clear what caused the Singapore-bound plane to crash into the Java Sea 42 minutes after taking off on what was supposed to be a two-hour flight.

Minutes before losing contact, the pilot told air traffic control that he was approaching threatening clouds, but was denied permission to climb to a higher altitude because of heavy air traffic. THE ASSOCIATED PRESS

### Church diversity

#### Pope names 15 new cardinals

Pope Francis named 15 new cardinals Sunday, selecting them from 14 nations including far-flung corners of the world such as Tonga, New Zealand, Cape Verde and Myanmar to reflect the diversity of the church and its growth in Asia and Africa, compared to more affluent regions. Other cardinals hail from Ethiopia, Thailand and Vietnam.

THE ASSOCIATED PRESS

### Retaliation?

#### Israel threatens Palestinians

Israeli leaders on Sunday threatened to take tougher action against the Palestinians over their decision to join the International Criminal Court, a day after freezing the transfer of more than \$100 million in tax funds. Last week's Palestinian decision to seek membership in the international court has infuriated Israel.

THE ASSOCIATED PRESS



## NYPD officers turn backs during mayor's eulogy at funeral

A lone police officer stands front as other colleagues turn their backs while Mayor Bill de Blasio speaks during the funeral of New York Police Department Officer Wenjian Liu at Aievoli Funeral Home, Sunday, in the Brooklyn borough of New York. Liu and his partner, officer Rafael Ramos, were killed Dec. 20 as they sat in their patrol car on a Brooklyn street. The shooter, Ismaaiyl Brinsley, later killed himself. The show of disrespect toward Mayor de Blasio came outside the funeral home, and added to tensions between the mayor and rank-and-file police even as he sought to quiet them. JOHN MINCHILLO/THE ASSOCIATED PRESS

# 7-year-old survivor could help find cause of crash

**'One remarkable young lady.'** Sailor Gutzler treated at Kentucky hospital and released to relative

Sailor Gutzler, a seven-year-old girl who survived a plane crash in western Kentucky, walked a mile through the cold, dark woods to safety and then helped authorities locate the wreckage and remains of her family, may not be done helping investigators.

National Transportation Safety Board investigator Heidi Moats said Sunday that Sailor is "one remarkable young lady," and she might able to

assist them with determining what brought the plane down. It is rare for someone to survive a small plane crash and Moats said they want to talk to Sailor about it.

It's not clear when investigators might talk to Sailor, who despite being bloodied and suffering a broken wrist, pulled herself from the wreckage and walked to the nearest home.

She was dressed for Florida, where her family had been visiting, and was wearing shorts, a short-sleeve shirt and only one sock when she found a home about a mile from the crash site. Authorities said she walked through thick woods and briar patches in near-freezing temperatures.

"She absolutely went to

the nearest house that she could have," Kentucky State Police Lt. Brent White said. "But it was still a considerable feat for her to do that."

The remains of the Piper PA-34 plane were moved Sunday to a location so officials with the NTSB can inspect it. They haven't discussed any possibilities of what brought the plane down or how Sailor survived the crash.

The agency will issue a preliminary report in about 10 days, Moats said at a news conference in Eddyville, Ky.

Sailor was treated at a hospital and released to a relative Saturday.

Sailor walked to the home of 71-year-old Larry Wilkins, who answered her knock at the door and called police.

Wilkins said the girl was crying and covered in blood.

"She told me that her mom and dad were dead, and she had been in a plane crash, and the plane was upside down," Wilkins said.

Sailor was alert and able to point emergency workers looking for the plane in the right direction, Lyon County Judge executive Wade White, who arrived at the crash site.

The Friday night crash killed Sailor's parents, Marty Gutzler, 48; and his wife, Kimberly Gutzler, 46; Sailor's sister, Piper Gutzler, 9; and a cousin, Sierra Wilder, 14. All were from Nashville, Illinois.

White said the father's body was "the last one they pulled out because of how deep he was buried."

## Eight missing as ship capsizes off Scotland

British rescue teams searched Sunday for eight missing crew members from a cargo ship that capsized north of Scotland.

Searchers on two helicopters and four lifeboats were looking for survivors from the bulk carrier Cemford, which was carrying cement from Aalborg, Denmark, to

Runcorn on England's west coast. A passing ferry in the Pentland Firth off Scotland spotted the upturned hull of the Cyprus-flagged ship Saturday.

The hull sunk below the water Sunday and the 83-metre vessel was no longer visible, the Maritime and Coastguard Agency said

Sunday.

Tony Redding, a spokesman for the German shipping company that operated the vessel, said there had been no distress signal from the ship, and that the last communication with the vessel was routine.

The company said seven of the crew were Polish and

one was a Filipino.

Another cargo ship — a car carrier — ran aground in the Solent between Southampton and the Isle of Wight Saturday. Officials said 25 crew members were rescued, but the ship remained grounded Sunday, listing at 45 degrees.

THE ASSOCIATED PRESS



# Canadian car recalls hit new high in 2014

**Safety concerns.** More than eight million vehicles affected, for issues ranging from ignition switch woes to unsafe airbags

time high last year, with more than eight million vehicles affected as several high-profile problems with faulty airbags and ignition switches brought safety issues to the forefront.

Automakers issued nearly 600 recall notices on Canadian vehicles in 2014, according to data from Transport Canada.

The previous record for the highest number was set in

2010, when automakers issued 468 recall notices affecting 1.5 million products, including vehicles, car seats and tires. But the total number of vehicles affected was higher in 2013, when manufacturers recalled two million products, despite the total recall notices being lower at 466, according to a Canadian Press analysis.

Industry observers say auto-

makers are issuing recalls en masse in an attempt to prevent future problems, after defective ignition switches led to numerous crashes, at least 58 injuries and 42 deaths. GM recalled 2.6 million vehicles worldwide due to the problem, including roughly 368,000 in Canada, but faced criticism for waiting 11 years to do so. The company is now facing several lawsuits.

"GM was in a pickle and nobody else wanted to be the new GM," said George Iry, president of the Automobile Protection Association.

"So they started to do some housecleaning. And people with skeletons in the closet and bodies in the basement have been pulling them out."

Among last year's high-profile recalls were 700,000

Honda Canada vehicles, over potentially exploding airbags produced by Japanese parts maker Takata Corp. Roughly 14 million vehicles made by 10 different automakers have been recalled worldwide as a result.

At least five people have died in accidents involving the airbags, which can explode with too much force.

THE CANADIAN PRESS

Canadian auto recalls hit an all-



## Detroit workers build an unconventional home

An unconventional home takes shape inside General Motors' Detroit-Hamtramck Assembly plant in Detroit, intended to be part of a movement to rebuild the city's economy and deteriorating, disappearing housing stock. Skilled-trades workers from the Chevrolet Volt factory are doing all the framing, electrical and plumbing work. The 40-foot-long former container will feature 320 square feet of living space, with two bedrooms, a bathroom and a kitchen, and will serve as home base for university-student caretakers of a neighbourhood farm and agricultural research activities. CARLOS OSORIO/THE ASSOCIATED PRESS

### The 'Year in Book' club

## Facebook CEO to read a new book every other week

Mark Zuckerberg announced on his Facebook page recently that he will read a book every other week in 2015, with an emphasis on learning about different beliefs and cultures.

The Facebook founder and CEO urged his friends to join him in the project.

As of Sunday, his "Year in Book" page had more than 89,000 likes. The first book in his program, Moises Naim's *The End of Power*, was out of stock Sunday on Amazon.com and had a sales ranking of No. 203. The book was first published in 2013.

Oprah Winfrey remains the gold standard for choosing books, though clubs have been started by Good Morning America and the Today show, among others.

THE ASSOCIATED PRESS

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New bookings only. Book by 11:59 pm Eastern Time January 13, 2015. Travel by May 13, 2015. Up to 21-day advance purchase may be required. Discount is not applicable for travel between February 13, 16 and April 1-7, 2015. Discount applies only to the regular base fare and does not apply to fees, taxes or surcharges. Discount is not applicable on itineraries that include a partner airline flight. Fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as \$150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to \$200 per person per direction, plus any fare differential. Other significant conditions (including a \$25 first-checked bag and \$35 second-checked bag fee, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

## VOICES

## A THORNY MESS TO FIX

With reports suggesting Dalhousie knew of a misogynistic Facebook group since last summer, the school needs to launch a full public investigation



**STEPHEN  
KIMBER**  
halifax@metronews.ca

After a brief holiday respite, Dalhousie University must try — again — to reset a ravelled, roiling mess that may have initially focused on a secret Facebook group but has now morphed into a broader, thornier series of debates.

There's the issue of restorative justice, public safety, crime, punishment, education, rape culture, and who gets to decide how this will end.

It will not be easy.

Last month, reports that some fourth-year dental students had created a private Facebook group called the "Class of DDS

2015 Gentlemen" — which included comments promoting the rape and drugging of fellow students — exploded like a cluster bomb over the campus.

The university postponed fourth-year dentistry exams and delayed today's reopening of a student-serviced dental clinic (while insisting there was "no public-safety issue") as officials dealt with the crisis.

A tearful President Richard Florizone reported he had met with targeted women and that they had agreed to participate in a restorative-justice process with their male colleagues.

"The process is confidential," Florizone said, "so a safe space can be created for the parties to explore the impacts, to address accountability and to forge constructive,

meaningful outcomes."

Since then ...

- A 300-person on-campus protest (placards reading "Expel Misogyny" and "Don't Ask The Victims To Do Your Job")

- A hashtag, #dalhousiehateswomen, trending on Twitter

- An online petition calling on the university to immediately expel the offending students (it had 47,127 signatures as of Saturday morning)

- An official campus code-of-conduct complaint by four professors

- Alumni threats to cut funding

- Even a threat by the ironically named Anonymous to publicly name the male students if the university fails to do so by noon today.

Dalhousie has not acquitted itself well.

While the university claimed it only learned about the Facebook group the week before it became public, other reports suggest there'd been complaints last summer.

And it is clear Florizone did not talk to all the female students before announcing his restorative-justice process.

That said, restorative justice may be a legitimate, healing way to deal with the personal damage and hurt this episode has caused.

But, by itself, it is not enough.

Dalhousie needs to launch a parallel public investigation into what happened, who knew when and did what as well as what the university intends to do now to respond to what is, in fairness, a larger societal issue.

## Your Halifax

Hal gets  
a new pal

Halifax Mooseheads mascot Hal gets his photo taken with a young fan on Sunday, during a game against the Acadia-Bathurst Titan at the Scotiabank Centre. **JEFFHARPER/METRO**

**SEE YOUR SHOT HERE:**  
Send us high-resolution  
snaps of your city to  
readers@metronews.ca

## Upcoming

*O Christmas tree,  
when do I toss you?*

The time has come to say goodbye to your beloved Christmas tree. The City of Halifax says all natural Christmas trees can be placed next to green carts on compost week for pickup. Now, you still have to remove the decorations and lights before throwing it to the curb. The city will go only so far in your holiday cleanup. **METRO**

*Dancing your way  
into the new year*

If you are looking for a fun way to get into better shape in 2015, this might be the right fit for you. Flamenco Dance School is holding an absolute beginner class for those looking to try the popular dance style starting on Monday night at Neptune Theatre. The six-week program is for both women and men. Organizers point out that you don't have to be a trained dancer to participate, but an intention of having fun is a must. Go to [flamencoschool.ca/upcoming-term](http://flamencoschool.ca/upcoming-term) for the cost and complete schedule.

**METRO**



Gossip

NED EHRBAR

METRO'S TAKE ON  
THE WORLD OF  
CELEBRITIES



Gwyneth Paltrow ALL PHOTOS GETTY IMAGES

## 'Special' Gwyneth is tired of taking care of everybody else

In case anyone was wondering, Gwyneth Paltrow has some more details about her "conscious uncoupling" from husband Chris Martin last year, conveniently contained in a nice, neat Marie Clare feature interview.

The biggest revelation? It turns out we were all

just expecting too much from Paltrow, who really just needed some Me Time.

"I had built my life on trying to be all things to all people, and I just couldn't do it anymore," Paltrow tells the magazine.

"I really had the sense that I wasn't allowed to have needs, and I had to prove my specialness or

self-worth by doing all this stuff and taking care of everybody else. And I just sort of hit a wall."

I'd rather not kick off the year psychoanalyzing a mondo-sized case of perceived social martyrdom, so, instead, I'll just say, glad you're feeling better, Ms. Paltrow. You do you.

## Bono's days as an air guitar player may be over

In a 2014 year-in-review post on his band's blog, Bono let slip that following his nasty bicycle accident in Central Park — leaving him with an arm broken in six places — his guitar-strumming days may be over.

"Recovery has been more difficult than I thought," he explains. "As I write this, it is not clear that I will ever play guitar again."

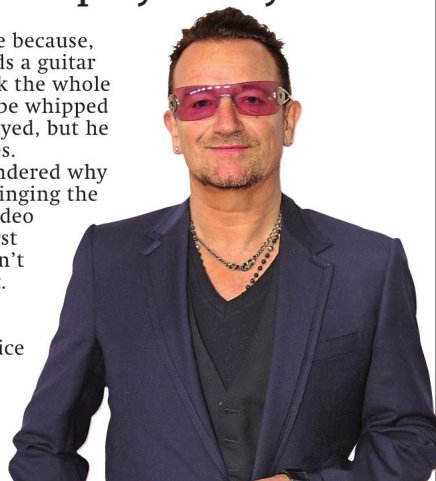
Call me a terrible person, but all this talk of Bono not playing guitar just makes me think of U2's 1987 video for With or Without You, which always

stuck out to me because, in it, Bono holds a guitar behind his back the whole time, ready to be whipped around and played, but he never, ever does.

I always wondered why he bothered bringing the guitar to the video shoot in the first place if he wasn't going to play it.

But, hey, at least he has plenty of practice at not playing guitar.

Bono



## Former Third Rock alien secretly marries founder of a futuristic robot firm

It turns out that Inception star Joseph Gordon-Levitt is a master at stealth celebrity.

Not only has he had a serious girlfriend for quite some time, but they even went and got married when nobody was looking. Gordon-Levitt and Tasha McCauley were wed in a private ceremony at an L.A. home before Christmas.

Oh, and his now-wife is actually a lot cooler than he is. McCauley is a futurist and the CEO and co-founder of robotics company Fellow Robots. A robotics company!



Joseph Gordon-Levitt

## Feminist storm is brewing between Kaley and Leighton

We're kicking off the New Year with a continuing debate on what a feminist is and who wants to be one.

Awesome sauce!

First up, Kaley Cuoco-Sweeting, responding to a Redbook query about whether she considers herself a feminist with, "Is it bad if I say no? I was never that feminist girl demanding equality, but maybe that's

because I've never really faced inequality." Perceptive, that. But former Gossip Girl star Leighton Meester was posed the very same question during a radio interview and replied, "Yeah ... It's something that I think all people should say about themselves."

You hear that, Kaley? All people. You just going to sit there and take that?



Kaley Cuoco-Sweeting



Leighton Meester

## Even the director admits Spider-Man 3 was 'awful'

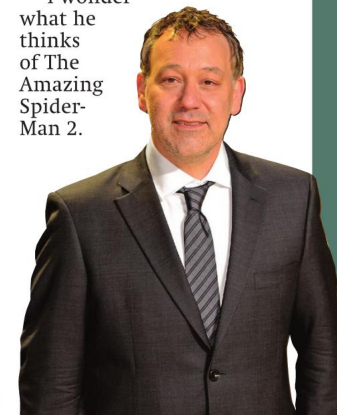
Hey, remember that last Tobey Maguire Spider-Man movie back in 2007? With the extra villains? And the bizarre dance break?

Well, director Sam Raimi would be fine with you forgetting all about it.

"It's a movie that didn't work very well. I tried to make it work, but I didn't really believe in all the characters," he tells Chris Hardwick on the Nerdist podcast, describing Spider-Man 3 as an "awful" movie. "If the director doesn't love something, it's wrong of them to make it when so

many other people love it."

I wonder what he thinks of The Amazing Spider-Man 2.



Sam Raimi

2 SCENE



## DVD review



## Boyhood

Director. Richard Linklater

Stars. Patricia Arquette,  
Ethan Hawke

Richard Linklater's coming-of-life masterpiece, my pick for the best film of 2014, is narrative drama that unfolds like documentary.

In 2002, the Texas writer-director began filming the previously unknown Ellar Coltrane, then seven years old. Linklater kept filming him for the next 12 years as Ellar grew from child to man, navigating the victories and defeats of ordinary life: girls, school, work, drugs, first kisses, shattered dreams.

The saga runs 164 minutes that flash by the way our lives often seem to. Ellar plays Texas lad Mason, who is trying to grow up normally in a family tested by divorce, alcoholism and other life stresses.

Actors Ethan Hawke and Patricia Arquette are Mason's estranged parents, while Linklater's daughter Lorelei plays the lad's precocious older sister. Unlike other films that grapple with the passage of time, these actors add and drop weight, change hairstyles and fashions, and go through different phases of life. They magically transform before our eyes.

At one point in Boyhood, Mason Jr. asks his father if there is really such a thing as magic in the world. No words are necessary. The truth is plain to see up on the big screen, in a movie the likes of which you won't see again anytime soon.

PETER HOWELL

## Kitties cash in.

Felines' new-found Internet fame is helping shelters place more of their unwanted cats

Cats these days aren't associated with deities the way they were in ancient Egypt, but the Internet has gotten them a little closer.

We adore Nora the piano-playing cat. We chuckle as a comical feline named Maru leaps into cardboard boxes.

We revel in Grumpy Cat's permanently sour expression. And with millions watching videos of other kitties getting tongue baths from horses and playing peekaboo with their owners, cats have become on-line stars.

For feline fans, it's a sea change. In the affections of North Americans, cats often get short shrift compared with dogs. Some see cats as aloof,



Shelters have quickly learned the power of social media when it comes to finding homes for their cats.  
THE ASSOCIATED PRESS

poor companions and indifferent to attention that dogs enjoy.

But with cats' celebrity expanding, experts say cyberspace is aiding their plight.

"Social media has put pets front and centre," says Christie Keith, social media consultant for Maddie's Fund, a California-based foundation that works to save pets' lives. Social media, she says, "is revolutionizing how we help animals."

The Internet has created a vast audience of po-

tential adopters. To save pets' lives, animal welfare organizations are reaching out to an audience addicted to cat videos. Shelters use social media to promote everything from adoption campaigns to free vaccinations, spaying and neutering.

Although there are no comprehensive nationwide statistics, recent studies of targeted communities and available data indicate increases in animal shelters releasing cats to owners or rescue agencies that guarantee adoption.

In one of the studies, conducted by the American Society for the Prevention of Cruelty to Animals, shelters and rescue organizations in six areas from Florida to Washington state supplied data from 2007 to 2011.

Overall, the rates for dogs and cats released to people or agencies rose from 41 per cent to 65 per cent. Cats showed a whopping 111 per cent boost.

It's difficult to pinpoint how much of this good news stems from the Internet, but many

online campaigns have seen successes.

A year ago, just before Christmas, the Dumb Friends League in Denver posted a photo and story on Facebook of an 11-year-old cat that had been in its shelter for nearly eight months. Older cats like Ripley are often overlooked by potential adopters.

For her online appearance, Ripley donned a tiny Santa suit. The posting got hundreds of shares and "likes" and netted her a new home, said Megan Rees, spokeswoman for the organization.

The organization has increased its adoption rate of adult cats by 13 per cent over the past year, with help from its website, Facebook and Twitter.

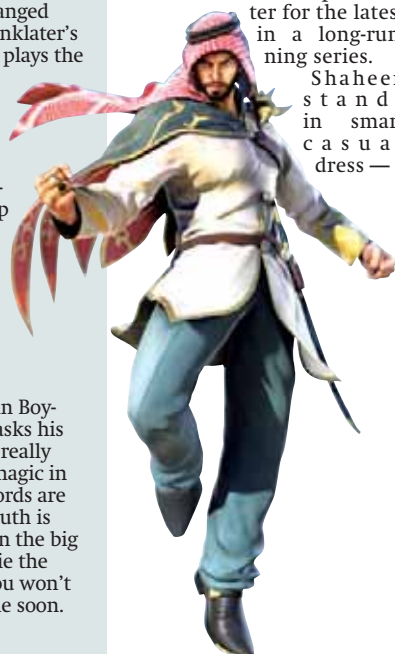
As viewers keep returning to videos of Nora pawing the ivories and Maru running and sliding into cardboard boxes, they are strengthening their bond with the feline species.

"There's something quite fascinating and fun about cat videos," says Dr. Emily Weiss, senior director of research and development for the ASPCA. "What's more compelling than some random compilation of cats doing stuff like knocking things over?"

THE ASSOCIATED PRESS

## Gaming. Saudi character coming to Tekken 7

Tekken director Katsuhiro Harada unveiled a new character for March 2015 fighting game Tekken 7, a new addition to the 21-plus roster for the latest in a long-running series.



Shaheen stands in smart casual dress — a

checked headscarf with thick black circular cord resting atop of it, a stylized overgarment, embroidered sleeves and cloak, and chunky, pale blue trousers paired with pointed black shoes.

His personal background is unknown, but jeweled rings, a large ornamental brooch, and golden motifs adorning cloak and top can be taken to imply wealth and power.

Harada posted the image to Twitter, Facebook and Japanese social networking site Twipple.

The character was first shown as a concept art mock-up in August 2014, with Harada developing a dialogue with fans over the creation of several new characters.

The inclusion of a Saudi character builds on the introduction of Modern Oasis in 2012 console release Tekken Tag Tournament 2, a Saudi Arabian backdrop that took its place alongside other stages from around the world. AFP

Start 2015 off by exploring great literary works, epic sci-fi films and an island-hopping adventure

## Ebooks

### The Secret Life of Books

By. The Open University

iPad

• • • • •



This is a chance to explore the original handwritten manuscripts and first editions of six literary classics including the novels of Jane Eyre, Charles Dickens, Mary Shelley, and William Shakespeare. Based on the BBC TV series, this interactive book includes virtual rooms, links to online resources, and most compelling, video tours of the rarest of research archives.

## App

### BFI Sci-Fi: Days of Fear and Wonder

iPad  
Free

Explore 60 of the greatest science-fiction films of all time in this art book analysis that includes clips, trivia, images, and timeline connections which reveal influences between different films.



## Video game



Name. Seaboard

For. iPhone/iPad

Rated. 4+

• • • • •

Comparisons between Seaboard and Animal Crossing are unavoidable, but in this case prove positive as the island-hopping adventure borrows Nintendo's childlike sense of wonder to create something very distinct. With gorgeous, charming visuals, you sail between islands via sea creature mini-games to complete daily tasks.



## MIND THE APP

Kris Abel  
@RealKrisAbel  
scene@metronews.ca



# Get a handle on your net worth

**Fresh start.** If you want to do things differently this year, it's time to tally up what you own — and what you owe



**GAIL VAZ-OXLADE**  
Gail blogs daily at [gailvazoxlade.com](http://gailvazoxlade.com)

Last year came and went faster than Usain Bolt. Whew! While a lot of people wrote and tweeted me to say they're finally taking control of their money, I also expect some lived like there would be no tomorrow and are now looking at a hot, stinky pile of, um, mess that they now have to clean up.

If you just couldn't figure out how to make your money work in 2014, consider this your opportunity for a new start. It's time to take another kick at the can.

I'm a great one for making mistakes. I used to think I had to be perfect. Then I had kids and realized I'd never be perfect again, so I decided I'd better get used to just being pretty great.

I'm not afraid of making mistakes — or getting caught — anymore. Now I just say, "I'm sorry," and move on to the next step, having learned from my mistakes.

Of course, learning from mistakes means first acknowledging what a big screw-up you've been. Have you found yourself running out of money between pays? Wondering why the debt just will not go away no matter how hard you try? Always seem to be in overdraft? Want things to be different this year?

Take a snapshot of where you are right now so you have a benchmark for measuring how you're doing throughout the year. Say hello to your net worth, which is a look at what



If you made financial mistakes last year, take the opportunity now to begin anew. ISTOCK

you own minus what you owe to see how much you really, truly, have got.

Fanatics do a net worth statement as often as every month. But you should have a life, so doing a net worth update every six months or so should suffice.

There are several net worth calculators on the web. If you want to use the one at [gailvazoxlade.com](http://gailvazoxlade.com), look under Resources for the Net Worth Statement.

Don't try to skew the results in your favour. The point of the net worth statement is to give you a realistic picture of where you are now so you can measure your progress.

People routinely include their personal effects as an asset. Don't. These aren't very saleable and you're just deluding yourself if you assign your

things more value than you could ever realize from selling them. Ditto for collectibles unless you're in the biz. If you do believe you have something of value, have it appraised. Don't just guess.

One asset we like to push up the value on is our home. The house two blocks over just sold for \$1.7 million? Jeez, that puts you in a pretty good place.

But just remember, Ms. Happy-I-Own, unless you're planning to sell that home and move somewhere cheaper, those assets are going to be tied up for a long time. Don't get over-enthusiastic about real estate values, particularly in an up market. Feeling smug to the point of not building other assets, say for retirement, isn't the point of the net worth statement.

While the current value of

your pension plan is an asset, it can be challenging putting a present-day value on that future income. So for your net worth statement, include the amount you could withdraw if you changed jobs.

On the liabilities side of the equation, don't forget to include your overdraft (if you're in it), buy-now-pay-later purchases on which you still owe money (even if it isn't due yet), back taxes, money you've taken from your RRSP to buy a home or go to school, and (heaven forbid) pay-advance loans.

Having taken this snapshot, you're going to use it as your guide for moving forward. As long as you're paying down your debt and adding to your savings, your net worth will keep going in the right direction.

## Don't forget the interest

- If you really want to be realistic about what you owe, you will also include the interest costs associated with your liabilities.
- If, for example, you have a car loan for \$24,000 over 72 months at five per cent interest, you should add that \$3,800 in interest to your liabilities. There are loan calculators on the Internet to help you do this.

Tracking your net worth will also help you see how you're progressing toward your goals.

Trying to build up a down payment for a home? Want to take full advantage of the Canada Education Savings Grants for your kids? Setting a goal for what you want to accomplish will make it much more likely to happen. Using your net worth statement to track your progress keeps the goal front and centre in your decision-making.

A net worth statement is also invaluable when it comes to things like deciding how much insurance will be enough or estimating your retirement income as you close in on D-day. As for checking your progress, as long as your current liabilities are covered by your current assets, you've got a good base from which to build.

Owe more than you own? Don't become disheartened. The point is to make a plan for changing what you're doing so your next net worth update shows progress. Do nothing different and you can expect to be no further ahead the next time the calendar clicks over.

**WANT TO BE SMARTER ABOUT YOUR MONEY? GO TO [MYMONEYMYCHOICES.COM](http://MYMONEYMYCHOICES.COM) AND FOLLOW THE ROADMAP TO SUCCESS.**

## Nutrition

### Obesity doesn't always mean poor health: Study

U.S. scientists encouraged 20 obese people to eat extra fast food for several months, and found that about a quarter stayed in good health despite the additional pounds they gained. Subjects were encouraged to eat 1,000 extra calories per day. **AFP**



Got a thick skin? You could make a living as a paintball tester. ARIEL BRAVY

## Hard living. Thousands apply for paintball-testing position

Some 10,000 people from around the world have applied to be shot at as a paintball bullet tester, according to the British company posting the job advertisement.

UKPaintball, which has more than 60 paintballing venues in Britain, said it was stunned by the response to its search for a "human bullet impact tester."

Candidates from not just

Britain, but as far away as Canada, the U.S. and India have applied for the \$72,000 a year job testing the impact of paintballs. "This incredible response is the last thing we expected when we posted the advert," said UKPaintball owner Justin Toohig. "We couldn't have predicted that so many people in the U.K. and beyond would want to get shot for a living." **AFP**

3  
THE

# Make your Facebook profile ready for the clicks of any creeping colleague

**Career.** Sweep up your social media presence by taking these tips into consideration

LAUREN MARINIGH  
TalentEgg.ca

You have heard it time and time again: be aware of what you're posting on Facebook, because once it's out there, there is no turning back.

Employers are becoming more and more socially active, so doing a social media screening before even contacting you for an interview is now standard practice.

How do you make sure that your Facebook profile is job-hunt ready? Here are some tips.

## Delete

Start with the obvious: delete

## Think first, post later

Although it's impossible to go back and tell yourself not to post something, you can exercise some caution moving forward.

- Think about your goals as a job-seeker or professional before you post anything. This includes photos, wall posts on friends' walls, statuses, etc.
- If you wouldn't want an employer to read it, don't post it.
- Set up your timeline and tagging settings so that you will have to approve anything you are posted in before it goes up on your profile.

everything off your Facebook profile you wouldn't want an employer to see.

Photos are the best place to start. While they may remain in Google search results for a while, getting unprofessional photos off your profile stops them from going any further.

Go through all your albums, notes and pages that

you have liked as well. Make sure to remove anything you wouldn't want people outside your friend circle to stumble upon.

Also go through your friends and see who has tagged you in photos that you no longer want to be posted, request they take them down, and un-tag yourself.



Limit what content future employers may find by cleaning up your Facebook profile to feature only those people you associate with regularly. ISTOCK

## Un-friend

Go through the list of connections you've collected over the years on Facebook. Un-friend anyone that may make you look bad.

Just because your profile may be closed and private, that doesn't mean theirs is.

A good rule of thumb to start cleaning your friend list out: think about the last time you talked to them. If you can't remember when, where or why, it's probably time to go.

## Update your privacy settings

Leaving privacy settings on "default" will likely open your Facebook profile to the outside world.

Go through each setting within your privacy settings and make sure they are set to the appropriate setting.

Make sure that non-friends only have access to information you want to share.

Double-check your privacy settings each time you post, as some posts can default to appearing to all users, not just your network.

With Facebook's constant updates, it's hard to keep track of how these settings may change.

Keeping your Facebook profile clear of anything that may halt a hiring manager is key to career success.

Don't ignore it and hope no one checks — you may be forgetting something that you posted years ago.

Always give your Facebook profile a regular scan through, and update.

Make it a regular part of curating your online presence.

## We love our web

## Email, Internet remain top workplace tools: study

Americans see email and the Internet as the most important tools for productivity at work, and still prefer landlines over cellphones for the office, a study showed Tuesday.

The Pew Research Center found 61 per cent of those surveyed cited email as "very important" for their jobs and 54 per cent said the same for the Internet.

The figures were even higher for office-based workers.

More than one in three surveyed said the landline phone was an important tool for work, compared with 24 per cent for a mobile or smartphone.

And despite the rise of social networks like Facebook and Twitter, just four per cent in the survey said these platforms were important for the workplace.

"Email is to the digital age what stone-sharpening tools were in the prehistoric age," said Lee Rainie, director of Internet, science, and technology research at the Pew Center.

"Email has proven its worth on the job as the foundational 'social media' day by day even as rival technologies arise.

"It was the killer app 45 years ago for the early Arpanet and it continues to rule workplaces despite threats like spam and phishing and competitors like social networking and texting."

Contrary to concerns that technology is a distraction, the survey found 46 per cent said digital tools made them more productive, compared with seven per cent who said their productivity fell.

Half of the respondents said technologies allowed them to expand the number of people with whom they communicate, and 39 per cent said they had more flexibility at work due to digital tools.

But one in three said the new landscape increased the time they spent working.

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# Shaking up Middle Eastern street food

## Chicken Shawarma.

This fast food can be made a bit healthier in your kitchen



**ROSE REISMAN**  
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Traditional shawarma, a Middle Eastern delicacy, consists of a meat such as lamb, chicken, beef or veal placed on a spit and grilled for as long as a day. The meat is shaved off as needed for sandwiches or wraps, dipped back in the fat drippings and often served with tahini or hummus.

It's delicious, but often high in calories and fat due to the skin and fat drip-

## FLASH FOOD



From your fridge  
to your table in  
30 minutes or less

### Ingredients

#### Sauce

- 3/4 cup store-bought or home-made hummus
- 1 1/2 tbsp lemon juice
- 2 tbsp low-fat sour cream
- 1 tsp finely chopped garlic
- Pinch of salt and pepper

#### Chicken

- 12 oz skinless boneless chicken breasts (about 3 breasts)
- 1/4 cup all-purpose flour
- 2 tsp vegetable oil
- 1 1/2 cups sliced onion

#### Pitas

- 4 large pitas
- 1/2 cup chopped tomatoes
- 1/2 cup chopped cucumber
- 1/4 cup chopped cilantro



This recipe makes eight half pitas. ROSE REISMAN

**TOTAL  
TIME  
ABOUT 30  
MINUTES**

pings being consumed.

Try my version served in a pita and made with lean chicken breast.

### Directions

**1.** Combine the hummus, lemon juice, sour cream, garlic, salt and pepper in a small bowl. Set aside.

**2.** Place the chicken between 2 pieces of waxed paper, pound it flat and cut into thin strips. Coat the chicken strips with the flour. Lightly coat a non-stick skillet with cooking spray and set over medium-high heat. Add the oil and onion and sauté for 5 min-

utes or just until browned. Add the chicken and sauté for 10 minutes, stirring constantly, until the chicken is no longer pink. Respray the pan if necessary.

**3.** Slice each pita in half. Divide the chicken and onion mixture among the

### Nutritional information

**Per serving (1/2 pita):** 212 calories, 25 g carbohydrates, 3.8 g fibre, 14 g protein, 6.7

g total fat, 1.3 saturated fat, 25 mg cholesterol, 240 mg sodium

half-pitas. Sprinkle with tomatoes, cucumber and cilantro and spoon the hummus sauce over the pitas.

# Hearty poutine with your health in mind

### Ingredients

#### Potatoes

- 3 baking potatoes, scrubbed
- 2 tbsp olive oil
- 1/2 tsp garlic powder
- 2 tbsp grated Parmesan cheese (1/2 oz)
- 1/4 tsp chili powder

#### Chili

- 6 oz diced boneless skinless chicken breasts diced (about 1 1/2 single breasts)
- 2 tbsp all-purpose flour
- 2 tsp vegetable oil

- 3/4 cup chopped onion
- 1/2 cup corn
- 1 tsp finely chopped garlic
- 3/4 cup canned black beans, drained and rinsed
- 1 1/4 cup tomato sauce
- 1/3 cup low-sodium chicken stock
- 1 1/2 tsp chili powder
- 1 tsp seeded and finely chopped jalapeño pepper
- Pinch of salt and pepper
- 1/2 cup grated mozzarella cheese

**1.** Preheat oven to 425 F. Lightly coat a rimmed baking sheet with cooking spray.

**2.** Cut each potato lengthwise into 8 wedges. Place on prepared baking sheet. Combine oil, garlic powder, Parmesan cheese and chili powder. Brush the potato wedges on both sides with the mixture. Bake in the middle of the oven for 20-25 minutes or just until tender and browned.

**3.** While potatoes are baking prepare chili. Place chicken

and flour in bowl and toss to coat. Lightly coat nonstick saucepan with cooking spray, add 1 tsp vegetable oil and set over medium heat. Sauté chicken 5 minutes or until it is lightly browned and cooked through.

**4.** Respray same saucepan, add remaining vegetable oil and set over medium heat. Add onion, corn and garlic and cook until corn is lightly browned, approx. 5 minutes.

**5.** Stir in beans, tomato sauce,



This Baked Potato Poutine recipe skips the gravy and serves six. ROSE REISMAN

stock, chili powder, jalapeño pepper and salt and pepper. Bring to a boil, reduce the heat and cover. Simmer 10 minutes

uncovered. Add diced chicken. **6.** Divide over potato wedges; add cheese. ROSE REISMAN



# 'No excuses' for rough start to 2015

**Mooseheads.** Herd turn in losses on consecutive days to Titan and Sea Dogs



KRISTEN LIPSCOMBE  
kristen.lipscombe@metronews.ca

The Halifax Mooseheads are having a rough start to the year.

The Herd lost 3-1 to the Acadie-Bathurst Titan in a Sunday afternoon game that was sleepy both on and off Scotiabank Centre ice, less than 24 hours after falling 4-1 to the Saint John Sea Dogs on the road.

While the Moose put up a decent fight Saturday night against the nationally ranked Sea Dogs, they lost steam Sunday, subsequently losing to the last-place team in both the Maritimes Division and the Quebec Major Junior Hockey League.

Second-year forward Danny Moynihan, 19, scored Halifax's lone goal of the game on an early third-period power play to bring his team to within a goal.

"We moved the puck pretty well," Moynihan said of the Moose in man-advantage mode. "The puck ended up ... coming out towards the blue-line, high slot area, and I just took a slap-shot."

But that's as close as the Mooseheads would get, in front of 7,530 relatively quiet fans that braved Sunday's slushy weather. The loss dropped them to fourth in the Maritimes Division and 12th in the QMJHL.



Mooseheads goalie Kevin Resop stops a shot from Titan forward Mark Simpson on Sunday at the Scotiabank Centre.

JEFF HARPER/METROT

## Game notes

- Swiss forward Timo Meier is expected to return from the World Juniors on Monday night, while forward Nikolaj Ehlers is still with Denmark's national junior team.
- Captain Ryan Falkenham is still sitting out with a lower-body injury.
- Left-winger Vincent Watt served a one-game suspension. Makail Parker from the MJHL's Bridge-water Lumberjacks filled in up front.

The only other action to pull the smaller-than-usual crowd into the game was a second-period fight between Mooseheads forward Kelly Bent and Titan forward Christophe Boivin, who got a few good swings off

before officials broke them up.

A scramble out front resulted in a goal from Jeffrey Truchon-Viel in the first, a power-play marker from Guillaume Brisebois made it 2-0 late in the second and Boivin

scored with the man advantage in the final frame to cap it off for the Titan.

Despite Halifax pulling rookie goalie Kevin Resop from the net as time ticked down, the Herd couldn't find the back of the net again.

The Moose certainly didn't play their "best hockey," Moynihan admitted.

"We had pushes throughout the game, but it wasn't enough to win," the Boston native said. "There (are) no excuses."

The Mooseheads look to turn 2015 around this weekend, when they host the Gatineau Olympiques on Friday and the Blainville-Boisbriand Armada on Saturday.

## NBL Canada

### Fouls haunt Rainmen in loss

Fouls from start to finish cost the Halifax Rainmen their game Saturday.

The Rainmen fell 116-100 to the Island Storm in Charlottetown, dropping them to a 7-8 record.

Halifax only hit 58 per cent of its shots from the free-throw line.

Halifax highlights included 30 points and eight rebounds from shooting guard Sefton Barrett.

Rashad Whack led the Storm with 19 points.

The Rainmen will have a chance for vengeance on Jan. 18, when they host the Storm at the Scotiabank Centre. Tipoff is at 2 p.m.

METRO

## AUS men's hockey

### Halifax teams suffering from holiday hangover

It seems Halifax's two men's university hockey clubs are having trouble recovering from the holiday season.

Both the Dalhousie Tigers and Saint Mary's Huskies lost their first games of 2015, the former 4-2 to the Acadia Axemen at home and the latter 2-1 to the St. Francis Xavier X-Men on the road, both Saturday.

Corbin Boes stood on his toes for the Tigers, making 42 saves.

Stephen MacAulay scored the lone goal of the game for the Huskies, on a power play.

Saint Mary's is third, while Dalhousie is seventh, out of eight teams in Atlantic University Sport standings. METRO

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## Lightning drop Senators

The Lightning's Brett Connolly fights through checks from Senators Mark Stone, left, and Kyle Turris during Tampa Bay's 4-2 win on Sunday night at Canadian Tire Place in Ottawa. SEAN KILPATRICK/THE CANADIAN PRESS

### CapGeek

## Popular hockey site to shut down

CapGeek.com, a popular online hockey database, has ceased operations, according to a release posted on the website Saturday.

A free resource for hockey fans concerned about their team's salary cap position, CapGeek.com tracked the player contracts of NHL clubs and calculated if they were within the league's accepted range of spending.

"This sudden decision is made with a heavy heart and is due to the personal health of CapGeek.com founder and director Matthew Wuest," reads the statement.

THE CANADIAN PRESS

### NFL playoffs

## Cowboys avoid disappointing end

Tony Romo has a stirring playoff comeback to go with all the late-season disappointments.

Romo threw two touchdown passes to Terrance Williams, the second for the lead late in the fourth quarter, and the Dallas Cowboys rallied for a 24-20 wild-card win over Detroit on Sunday in their first playoff game in five years.

The Cowboys (13-4) wiped out an early two-touchdown deficit to earn a trip to Green Bay, their first post-season visit there since a heartbreaking loss to the Packers in the Ice Bowl in 1967.

THE ASSOCIATED PRESS

# No pity from Petan as Canada tops Slovakia

**World juniors.** Delta, B.C., forward's three-goal display helps send hosts into gold-medal clash with rival Russia

Canada didn't roll over Slovakia, and that might be the best thing to happen to this team at the world junior championship.

Facing adversity and nervous tension for the first time all tournament, Canada gutted through a tough game and eventually pulled away for a 5-1 on Sunday night in Toronto. Russia awaits in the gold-medal game.

During the third period, chants of "We want Russia" and "We want gold" echoed through Air Canada Centre. The rivalry with Russia gets another chapter Monday night.

"It's the best thing for all of the hockey community, for business," Russian coach Valeri Bragin said. "Russia-Canada: hockey classic."

Stopped at many turns by Slovak goaltender Denis Godla, Canada may be better-prepared for Russia than it would have been had it won easily. Canada hasn't trailed in any of its games and took an easy road through Denmark to reach the semifinals.



Nic Petan scores his second-period goal on Slovakia goalie Denis Godla during Canada's 5-1 win on Sunday night in Toronto. Petan scored in each period, completing the hat trick. FRANK GUNN/THE CANADIAN PRESS

### Semifinals

5

Canada

1

Slovakia

- Patriotic games. The IIHF

said Hockey Canada is responsible for world junior ticket prices.

- Tickets for group stage games in Montreal started at \$71 and ranged to \$336 for the New Year's Eve game between Canada and

the United States, which drew 18,295 fans to the 21,273-capacity arena.

- IIHF president Rene Fasel said if those prices were in place for a tournament in Europe, there would be nobody in the arena.

Led by Godla and his 39 saves, Slovakia proved to be a tougher opponent. But Nic Petan had a hat trick, Shea

Theodore and Anthony Duclair each added a goal, Connor McDavid recorded three assists and Zach Fucale made 14 saves

to ensure the end of Canada's world junior medal drought that dated back to 2012.

THE CANADIAN PRESS



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### Horoscopes by Sally Brompton

#### ♈ Aries

**March 21 - April 20**

If you get in a fight with someone who is bigger or better connected than you, you will undoubtedly lose, so back off.

#### ♉ Taurus

**April 21 - May 21**

You don't have to apologize for something you said that rubbed a friend or relative the wrong way. They've said plenty of things which you chose not to make an issue of.

#### ♊ Gemini

**May 22 - June 21**

The more you worry about a money problem the more power you give it, so put it out of your mind and focus on something more positive.

#### ♋ Cancer

**June 22 - July 23**

It's unlikely you will be feeling your best today but that's OK because friends and family will go out of their way to cheer you up.

#### ♌ Leo

**July 24 - Aug. 23**

If you think you have to come first or be best at everything you may end up exhausted. The important thing is not the winning but the taking part.

#### ♍ Virgo

**Aug. 24 - Sept. 23**

If you stand against the winds of change you will almost certainly be blown away. So why not work with them instead? Don't resist when fate nudges you, or throws you, in a new direction.

#### ♎ Libra

**Sept. 24 - Oct. 23**

There are so many changes taking place now that you may feel a bit insecure. That is not an excuse to start feeling sorry for yourself. Step up and show your leadership qualities.

#### ♏ Scorpio

**Oct. 24 - Nov. 22**

Keep things simple, especially if you are on the move. Travel and social plans could easily go wrong, so give yourself plenty of time.

#### ♐ Sagittarius

**Nov. 23 - Dec. 21**

You will have to loosen your hold on something you cherish. It may be painful to begin with but it won't be long before you feel a real sense of freedom.

#### ♑ Capricorn

**Dec. 22 - Jan. 20**

Chances are you won't be at your best as the week begins. The good news is you will go to the other extreme midweek and have the time of your life.

#### ♒ Aquarius

**Jan. 21 - Feb. 19**

Do something exciting over the next 24 hours, something that makes you smile even if it may take a little more effort than usual.

#### ♓ Pisces

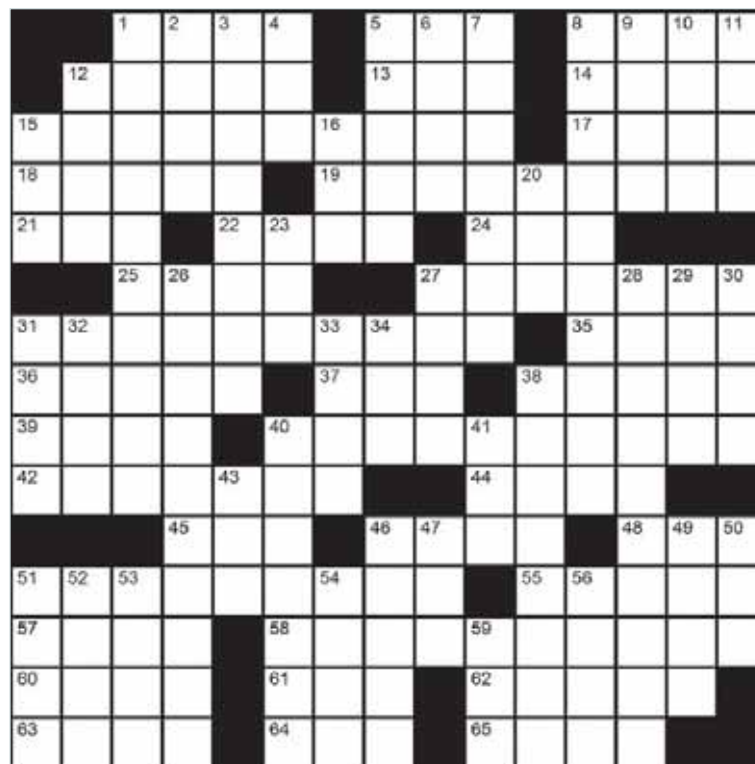
**Feb. 20 - March 20**

Certain things in your world are changing and there is nothing you can do to stop it. Be positive and believe that what happens is for the best, for you and for everyone.

### Crossword: Canada Across and Down by Kelly Ann Buchanan

#### Across

1. Intend to
5. Play-\_\_
8. Go-\_\_ (Fun racer)
12. Mr. Sagan's
13. Journey's " \_\_ Way You Want It"
14. Sailor's sheltered side
15. William Shakespeare: 3 wds.
17. Sisters
18. Ready to swing in baseball: 2 wds.
19. Crosswords: 2 wds.
21. Salon product
22. Abner, et al.
24. My friend (English) = \_\_ ami (French)
25. 'Diet' suffix
27. Steven of CBC's "Steven and Chris"
31. Country in Central Asia where Tashkent is the capital
35. Quasi
36. Awaken
37. Cereal grass
38. Yarn bundle
39. Research facil.
40. Toronto team that won the Stanley Cup in 1914
42. Remove the cuffs: 2 wds.
44. Cardinal point
45. Getaway
46. Ginger cookie
48. Spinning stat.
51. Grow operation plant
55. Not \_\_ out of place



57. Excited
58. Strappy shoes
60. ZZ Top song of 1975
61. Antiquity
62. Outlandish occurrence
63. Fire up
64. John of "Touched by an Angel"

65. Salts, in a Montreal restaurant

#### Down

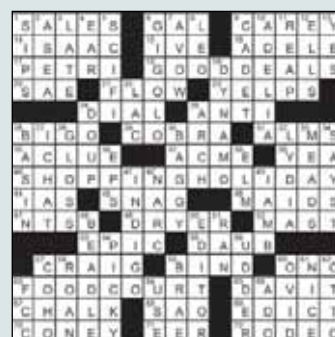
1. Parliament Hill: Sculpture of Queen Victoria in The Senate Chamber: 2 wds.
2. Earth goddess in

3. "...and she's \_\_ you." - Honeymoon Suite, "New Girl Now"
4. Bounced cheque acronym
5. Swiss Alps city
6. Due \_\_ before... (Submission info)

7. Chris of CBC's "Steven and Chris"
8. Alberta: \_\_ Country (Nicknamed K-Country, scenic area is just west of Calgary)
9. Reunion attendee
10. Actor Mr. Auberjonois

11. D'Urbervilles heroine
12. Ms. Blanchett
15. Purse
16. Pointy tool
20. Chewed gum shape
23. Pierre's 'here'
26. Practice run in aviation: 2 wds.
27. Fill
28. Hoofed animal prints: 2 wds.
29. Leave out
30. Breaks a commandment
31. Mr. Geller's
32. 'In the \_\_': 2003 Britney Spears album
33. Exclusive
34. Sigma's alphabetic follower
38. Like the stuff at #5-Across [var. sp.]
40. Perplexed
41. GBS part (Canadian band)
43. Pre-1947 British rule in India
46. Sneering
47. Grandma
49. Medieval weapon
50. Married title
51. Multiplication, e.g.
52. Chill
53. Santa \_\_, California
54. " \_\_ McBeal"
56. Cart along
59. President after Richard Nixon ...his initials-sharers

### Dec. 29's Crossword



#### Online

See today's answers at  
[metronews.ca/answers](http://metronews.ca/answers)



### Conceptis Sudoku by Dave Green

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Dec. 29's Sudoku



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